



Mission: To restore health and well-being in the Native community by recovering knowledge of and access to healthy Indigenous foods, medicines and lifeways.

Title: Seasonal Farmer **Status:** Seasonal, Full-Time 40 hrs/wk (Apr - Oct 2025)
Reports to: Farm Production Supervisor **Salary:** \$20/hr

Dream of Wild Health (DWH) is celebrating 27 years of working to restore health and wellbeing within the Twin Cities (TC) Native American community and has recently grown to a 30-acre farm in Hugo with an office in Minneapolis. We are seeking 2 Seasonal Farmers for the 2025 season to help us bring the harvest to the TC Native community. **Seasonal Farmers** work alongside the farm team to participate in all aspects of DWH farming work, perform farm production field work, grounds maintenance, and work with youth programming in season.

Responsibilities & Expectations:

- Work with the DWH farm team to seed, transplant, care for and harvest vegetable and fruit crops for Indigenous Food Share (IFS) boxes, farmers market, community food distributions & wholesale customers.
- Assist with field work related to vegetable crop and soil health goals including: bed preparation, seeding, irrigating, weeding, mulching, cover cropping and trellising.
- Post-harvest processing of vegetable/fruit crops including washing, packing, labeling and record keeping.
- General field maintenance, end of season clean-up and other duties as assigned by farm team leadership.
- High level of attention to detail whether in the greenhouse, field or pack shed.
- Work collaboratively with a team, including farmers, program staff & youth working at the farm.
- Must be self-motivated with a positive attitude. Must show up on time to work daily as scheduled.
- Must have flexibility to work occasional late days and occasional weekends.

Qualifications:

- Strong cultural competency and commitment to working with Native communities.
- Demonstrate a strong work ethic, and ability to work well independently and with team members.
- Hardworking, with physical and emotional stamina, and able to work outside in all weather conditions (rain, snow, heat, cold), or ability to communicate reasonable accommodations.
- Willingness to learn and have an interest in sustainable/organic farming, and to seek guidance as needed.
- Ability to follow oral and/or written instructions, ability to adapt plans, and be flexible with daily tasks.
- Direct and clear communication skills with supervisors and team members, with a willingness to receive feedback, adapt, and be comfortable asking questions as well as self-advocating.

Requirements: Must pass a background check because in this role you will interact with youth. Must have a valid driver's license because driving company vehicles is a component of this job. Must have the ability to lift 50 pounds; stand, sit, squat and kneel for 8 hour days; use hands to safely operate farm tools and equipment; work outdoors in excessive heat, rain, cold, or communicate reasonable accommodations; ability to lift semi-heavy objects; and flexibility to work occasional weekends and/or evenings; commute to and from the Hugo farm and in the Twin Cities area.

Employee benefits include paid time off, paid holidays (4 days), produce from the farm, and a healthy lunch during summer youth programs. Returning staff are eligible for pay increase.

To Apply: Submit **cover letter** and **resume** to Victoria Loud at employment@dreamofwildhealth.org. Open until filled.